

# Cancer Week 2016

Mon 17th - Sun 23rd  
**OCTOBER 2016**

Be part of the conversation

**1<sup>in</sup> 3** men will develop  
cancer in their lifetime

**1<sup>in</sup> 4** women will develop  
cancer in their lifetime

**Most common cancer:**  
**Prostate cancer in men (31%)**  
**Breast cancer in women (30%)**

**59% of males & 58% of females  
with cancer survive at least 5 years**  
(2008 - 2012)

**Free cancer screening  
available for breast, cervical  
& bowel cancer**

**Avoid smoking, be a healthy weight,  
be physically active and eat a healthy  
diet to help reduce your cancer risk**

**State of the Nation?**  
**What are we doing right?**  
**Where can we improve?**

Facts refer to invasive cancers only,  
excluding non-melanoma skin cancer

For more information, check out the NCRI website @ [www.ncri.ie](http://www.ncri.ie)  
or visit the Irish Cancer Society @ [www.cancer.ie](http://www.cancer.ie)